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To
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The modern man today is involved either in action or in sleep. Ever since he awakes he is in one kind of action or the other. The action too, is one of involvement but not of dispassionate handling. The passion for action involves the person so completely that he looses the ability to observe that which is being acted upon. Experience of acts will be absent when the involvement is total. To experience an act there needs to be an experiencing one distinct from the act. Multitudes of actions happen during the day and with total involvement into every action. One becomes many in the absence of an observer of the actions. Observation of one’s own acts and one’s own speech enables the experiencing consciousness to be afloat amidst the stream of activity. One can easily see the difference between a person swept away by the currents of the stream and the person that is afloat the stream. The latter gives the fruit of experience while the former results in draining of energies.

From ancient most times man is told that he is pure consciousness upon the background of which events happen according to time and place. The events can be better experienced only when one stands aside the events and observes them. Observing daily actions and remaining a witness are cultivable habits. These habits shall have to be cultivated early in life. If not, man gets involved to the point of submersion.

Sickness is also to be observed by the sick. By observing the sickness the observer stands aside the sickness. One should know that he is not sick; his body is sick; his desire patterns could be sick; his thought patterns could be sick; his habits could be sick; his rhythm could be irregular. By standing aside one can see one’s life and its patterns and he can bring in the necessary rectifications from out of the observations made. The identity with sickness results in growth of sickness, for such identity enables the energy flow from the person to the sickness.

Men today know only involvement into actions and involvement into sleep. Thus they stay submerged either in activity or in sleep. The practice of Yoga recommends to give birth and nourish the witness in oneself. This would enable the witnessing conscience to witness thoughts, speeches, and actions during the wakeful hours and even witness sleep during sleep hours. Witnessing sleep looks to be queer. But in a state of poise even sleep can be witnessed, while the person is at rest. Rest is different from sleep.

These are some facets of life, which need to be pondered over and brought into the busy modern life.

Dr. K. Parvathi Kumar
Disturbances in this centre can lead to brain problems, brain tumours and inflammations of the brain.

**Treatments**
- Colour: Red – Red is the colour of the divine will
- Planet: Sun
- Metal: F-Gold
- Gem: Diamond, rock crystal, indigo, ruby (Ayurveda)
- Sound: YAM

**Paracelsus – The Bridge between Far Eastern and Western Therapies III**

**Sabine Mrosek**

Every disease is the result of an over-stimulation or under-stimulation of energies. All ailments originate from an influx of energies upon the centres.

Let us shortly go into the subject of the 7 centres and the related glands and organs. According to Paracelsus, they are assigned to the 7 metals, 7 colours, 7 sounds and 7 planets.

Paracelsus says,

> "Unless the medical physician works on this basis and applies his medicine in this sense, the medicine can neither properly heal nor can the physician truly recognise the illness."

**Head Centre – Pineal Gland**

Generally, this centre is not active.

**Ajna Centre – Pituitary Gland**

Disturbances in this centre can lead to eye problems and ailments of the ears. They have a negative impact on the senses (seeing, hearing, smelling). The patient can also suffer from neuritis, headache or migraine. So also the central nervous system can be affected and nervous complaints can arise in different parts of the body.

**Treatments**
- Laterality, migraine, central nervous system, neuro-tissue regeneration, purging of toxins.
- Colour: Blue
- Planet: Jupiter
- Metal: F-tin
- Gem: Sapphire, sodalite, yellow sapphire (Ayurveda)
- Sound: HAM
Throat Centre – Thyroid Gland
In the throat centre we find the cause for many diseases of the respiratory organs (the upper pulmonary region, bronchia, trachea) and the metabolism. neck, the muscles of the neck, jawbone, hearing, tasting, thirst and appetite as well as the entire glottis are related to the throat centre. Through this centre, creativity and speech find their expression.

Treatments
Relief of the metabolism, optimisation of the metabolism, thyroid gland, respiratory organs, stress, general harmonisation, treatment of the stomatognathic system.
Colours: Blue-green, yellow-green
Planet: Mercury
Metal: F-quicksilver (mercury)
Gem: Emerald, aquamarine, turquoise, tourmaline, chalcedony
Sound: SAM
Herbs: Calamus, mastix oil or juniper oil

(to be continued)
Cases from the Homeopathic Practice

Myxoedema
Myxoedema is one of the thyroid troubles. It results from under-activity of the thyroid gland. Electroxin and thyroxin are the medicines prescribed for them for long periods. But in Homoeopathy there is no need to use the medicine for life-long period. It can be cured easily when we follow orthodox Homoeo principles. One girl of 12 years was brought to our nursing home with the above trouble. Her symptoms were recorded in the following way.

History:
1. In 1975 she sailed into the sea. In the ship the drinking water was not good. It was distilled and supplied to the people. After returning she started growing fat. But she was active. It was diagnosed as mineral deficiency and treated. In 1977, as she grew dull and fatty, it was diagnosed as myxoedema and Electrocin was prescribed.
2. From 1975 to 1977 she suffered from eczematous patches on skin. Oozing of water was there. It was suppressed with external measures.
3. In 1976 suffered from epistaxis.
6. Amoebiasis 2 years back.

Present complaints:
1. Mentally she was gentle, mild, sensitive and a tendency to easy weeping. Ameliorated by consolation.
2. As long as she was given Electrocin she was active. But when it was stopped she grew dull, morose and in no mood to work. Even though the medicine was given regularly, no change.
3. Aversion to sweets. Liked potato chips.
4. Sweating on the tip of the nose particularly.
5. No interest in games.
6. Always graved cool weather. Felt bad in hot weather.
7. Digestion was poor. Offensive odour from mouth.
8. Appetite poor.
9. Sleepy and drowsy most of the time. Daytime also she wanted to sleep.
11. Drinks lot of water.
12. Wants everything to be clean.
15. Body pains and legs pains on eating bananas.
Our treatment:
- On 27-8-82, Dr. P. L. N. Rao started the case with Pulsatilla C6, three doses in one week and advised to use Electrocin daily once instead of two times a day.
- On 2–9-82, it was reported that she was slightly better. Repeated the same for one week and advised Electrocin in alternate days.
- On 5–9-82 it was reported that she was dull, sleepy and weak. I prescribed Thyreoidinum (Thyr.) C30, 2 doses in one week and advised to stop Electrocin.
- There was improvement on 10–9–82. Repeated the same for one week.
- On 16–9–82 her father reported that she was weeping daily in the afternoon. She was suffering from cold, cough, pain in the toes, body pains aggravated by movement and pain in the lower limbs. Dr. Rao administered Pulsatilla C30 one dose. She improved. Maintained on Alfalfa mother tincture.
- On 8–10–82 she reported headache aggravated in the morning and by walking. Her body weight was 35 kg. Repeated Pulsatilla and Alfalfa daily.
- On 22–10–82, Pulsatilla C200 was given and repeated on 29–10–82. She was better in all aspects.
- But on 12–11–82, we noticed that her weight was 38 kg and she reported puffiness of face. Dr. Rao prescribed Fucus vesiculosus (Fuc.) C30 and maintained on placebo. Puffiness of face better.
- Repeated the drug on 5–12–82 and Fucus vesiculosus (Fuc.) C200 was given on 21–12–82. She grew active. No puffiness. No weeping. No headache.
- But on 2–1–83, weight was 40 kg. Dr. Rao administered Sulphur C30 one dose and repeated on 9–1–83.
- On 16–1–83, as there was no change in the body weight I administered Thyreoidinum (Thyr.) C200 one dose and maintained on placebo.
- On 7–2–83 her old skin disease reappeared. Rest of the things were normal. She grew tall, body weight was the same. Continued placebo.
- On 28–2–83, headache was more, skin pealed in the palms. Burning sensation of the eyes. Continued placebo.
- On 17–6–83, body weight was 44 kg and a boil appeared on the right arm. As there were no other symptoms except skin symptoms, we continued placebo.
- On 10–8–83 the body weight was again 44 kg. But physically she grew lean. No other complaints. Continued placebo and repeated the same till now. Advised the parents to continue the treatment for few months. We thought the body weight was a healthy one because there was no abnormality in health.

Dr. E.V.M. Acharya, DHMS
Cure by Inner Means I

The difficulties that come to you are exactly in proportion to your strength—nothing can happen to you that does not belong to your consciousness, and all that belongs to your consciousness you are able to master.'

The Mother

1. Use of the Will
Sri Aurobindo: Certainly, one can act from within on an illness and cure it. Only it is not always easy as there is much resistance in Matter, a resistance of inertia. An untiring persistence is necessary; at first one may fail altogether or the symptoms increase, but gradually the control of the body or of a particular illness becomes stronger. Again, to cure an occasional attack of illness by inner means is comparatively easy, to make the body immune from it in future is more difficult. A chronic malady is harder to deal with, more reluctant to disappear entirely than an occasional disturbance of the body. So long as the control of the body is imperfect, there are all these and other imperfections and difficulties in the use of the inner force.

If you can succeed by the inner action in preventing increase, even that is something; you have then by abhyasa [practice] to strengthen the power till it becomes able to cure. Note that so long as the power is not entirely there, some aid of physical means need not be altogether rejected.

Above all, do not harbour that idea of an unfit body.... Appearances and facts may be all in its favour, but the first condition of success for the yogin and indeed for anybody who wants to do anything great or unusual is to be superior to facts and disbelieve in appearances. Will to be free from disease, however formidable, many-faced or constant its attacks, and repel all contrary suggestions.

Taken from: Integral Healing, Compiled from the works of Sri Aurobindo and the Mother, Pondicherry; 2004

What should be the Sadhak's attitude with regard to physical illness?
He must first of all remain completely detached in the vital being and in the mind. The illness is the result of the working of the forces of Nature. He must use his will to reject the illness and one's will must be used as a representative of the Divine Will. When the Divine Will descends into the Adhara then it works no longer indirectly through the Sadhak's will but directly and removes the illness.

Taken from: Integral Healing, Compiled from the works of Sri Aurobindo and the Mother, Pondicherry; 2004

Remedies for Healing
Paracelsus – Remedies

Flatulence and Stomach Ache

Rue – Ruta
(Ruta graveolens)

„If abdominal colics originate from tartarus, sand and stone, it is good to drink warm ruta oil. It is to be prescribed warm in order to work in this way etc. It relaxes the intestines and relieves constipation."
Paracelsus III, 544

The ancient Greek and Roman doctors already liked to use rue. The plant was seldom missing in the kitchen and herb gardens. In popular medicine rue was used for stomach aches, liver and gall bladder problems, flatulence, beating of the heart, menstrual cramps, nervous disorders, respiratory distress, dislocations, sprains, injuries, desire to void, hydropsy, rheumatism, gout and rashes. Its calming, anti spasmodic and diuretic effect helps, when used internally and externally, with many complaints.

It is important to dose the ethereal oil of rue carefully, because, if overdosed, gastrointestinal problems may occur. Pregnant women mustn’t take it since the blood supply to the pelvic organs may cause an abortive birth.

Oil extraction
Rue oil is extracted from the leaves and blossoms through steam distillation.

Ingredients
Ethereal oil, alkaloids, furanocoumarins, tanning agent, flavone glycoside rutin.

Paracelsus: Sämtliche Werke, Bd. III, Anger - Verlag Eick
Sabine Mrosek
Alchemia Medica II

The Cosmos

Christoph Proeller

Christoph Proeller is a business graduate who was employed by Bayer, the Madaus AG and the management consultancy Arthur Andersen. For many years, he has been in the upper management of the Laboratory Soluna Healing Remedy GmbH and works on the alchemo-medical hermetics of Traditional Occidental Medicine.

The Archetypes of Alchemy

The spirit is the cause for soul and body. Therefore the alchemist researches (through spiritual contemplation) the spiritual structures of the cosmos. These spiritual structures express in different abstract archetypes and “primal images” respectively. These primal images are elements of different archetypical systems in alchemy:

- the “polarity of existence” with the archetypes “Sol (Yang)” and “Luna (Yin)”
- the three spiritual principles with the archetypes “Sal,” “Sulphur” and “Mercurius”
- the “seven elementary qualities” presented by the archetypes “Moon,” “Mercury,” “Venus,” “Sun,” “Mars,” “Jupiter” and “Saturn” and
- the four elements with the archetypes “Fire,” “Earth,” “Water” and “Air”

Alchemy researches the soul and physical matter by using these systems of archetypes. This holistic approach to research makes Alchemy the “mother of all sciences.” In this regard, it is no less scientific and exact than modern natural science. It only has a “totally different approach (Bernus).”

Alchemia Medica and the Cosmic “Human Being”

Like the universe, the human being is the carrier of the three spheres of being (body – soul – spirit). With this, the human being is a micro-cosmos within the macro-cosmic “universe” (fig. 4): “As the universe, so the human being.”

Fig. 4: The Cosmic “Human Being”

The sick spirit always leads the soul, like the sick soul leads the body into illness (psychosomastics). In contrast, the sick body does not necessarily lead the soul or even the spirit into illness. Against the background of this spherical and thus holistic context the approaches of alchemo-medical therapy were developed. Accordingly, Alchemia medica is the “mother of naturopathy.”

Alchemia medica – the therapeutic side of Alchemy – should maintain the health of the cosmic “human being” or lead him/her out of illness into health. This way the aim of Alchemia medica is the spagyric change of the imperfect state of illness into perfect
health. Each natural change, and also the change from illness into health, is caused by the three spiritual principles. This way Sal-Sulphur-Mercurius are the operating principles of Alchemia medica:

- **Mercurius** is the healing impulse, which activates, motivates, stimulates, warms, dissolves, accelerates, and brightens – on the soul and on the physical level. It dissolves the diseased forms and creates the necessary space for the healthy forms.

- **Sulphur** is the healthy formative information of the organs and organ systems.

- **Sal** is the retarding healing impulse, which solidifies, cools, coagulates, crystallizes, calms, sedates, uncramps, and reduces pain – on the soul and physical level. It determines the healthy shapes in soul and body.

**Alchemia Medica and the Cosmos of “Medicine”**

The holistic treatment of the cosmic “human being” takes place on the subtle (spiritual-soul) and gross (physical) plane. Correspondingly the holistic remedies of Alchemia medica carry the three active principles on the subtle/homeopathic (spiritual-soul) level as well as on the gross/allopathic (physical) level: “As the universe, so the human being, so the alchemo-medical remedy.”

The alchemist Alexander von Bernus is one of the greatest alchemists of the last century. Approximately 160 literary and alchemical works bear witness to his esoteric initiation (alchemy of the soul). In his alchemical laboratory “Soluna,” he personified his esoteric initiation with the Soluna healing remedies – the Solunates – and the Soluna manufacturing process (The alchemy of the soul is symbolized by the alchemy of a laboratory.)
Alchemia Medica

The Solunates originate from metals, minerals and healing plants, which complement each other in their effects in the spagyric process. As a cosmos they have a spiritual and a physical sphere. Both spheres are carriers of the operating principles of “Mercurius,” “Sulphur” and “Sal.” Their homeopathic active ingredients (their soul matter as carrier of “Mercurius,” “Sulphur” and “Sal”) affect humans on the level of the soul. The phyto-therapeutic active ingredients (their body as carrier of “Mercurius,” “Sulphur” and “Sal”) affect humans on the physical level (fig. 5): “As the universe, so the human being, so the Solunate.”

“If the Alchemy is right” the imperfection becomes perfect and the ill becomes healthy respectively. Accordingly, against the background of a production manual by Paracelsus the alchemist Bernus developed a spagyric production cycle based on nature. Through this production cycle the essence of the Solunates is further alchemically potentized in the rhythm of the production. This way it is changed toward its predestined perfection.

Bernus: “This is alchemy, the timeless, ancient, which – through insight – leads upwards step by step through cosmic expanse to the source and to the tree of life.”

(to be continued)
Walk slowly. Don’t hurry.
Every step brings you the next moment of your life –
the present moment.

Thich Nhat Hanh
Body consists of various parts like skin, bones, flesh etc. These are born of life itself. The skin or flesh is nothing but a combination of biological cells. These biological cells are nothing but a combination of molecules, and molecules are from atoms. Atoms are nothing but the shapes and forms of the vibrations of force. This force is life. The same force transforms into atoms, molecules, chemical substances, biological cells, skin, flesh etc. The same force awakens as mind and activity of sense organs and functions. So consciousness and biological phenomena are only different states but not separate entities. Life is the activity of force transforming into body and awakening as intellect dormant, it is death. Body and intellect are, for convenience, known as two but are not really two. In a state of health, these two are inter-dependent and one works with the other in the shape of life. When health is spoiled, they work independently and a distortion takes place.

**Explanation**

Body consists of various parts like skin, bones, flesh etc. These are born of life itself. The skin or flesh is nothing but a combination of biological cells. These biological cells are nothing but a combination of molecules, and molecules are from atoms. Atoms are nothing but the shapes and forms of the vibrations of force. This force is life. The same force transforms into atoms, molecules, chemical substances, biological cells, skin, flesh etc. The same force awakens as mind and activity of sense organs and functions. So consciousness and biological phenomena are only different states but not separate entities. Life is the activity of force transforming into body and awakening as intellect dormant, it is death. Body and intellect are, for convenience, known as two but are not really two. In a state of health, these two are inter-dependent and one works with the other in the shape of life. When health is spoiled, they work independently and a distortion takes place.
Vital force in the human constitution is self-acting, automatic and omnipresent in the organism. If it is influenced by any inimical agency, the constitution throws out the same resulting in some disagreeable sensations which is called disease. These are otherwise called symptoms. The totality of all these symptoms indicates the extent of the disease force on the vital force.

Explanation
It is said that the human constitution and the vital force acting in it are one and the same and are not different. If the vital force is influenced by any disease-cause, it produces an unnatural condition. The vital force fights with the external cause and tries to exterminate. The disagreeable sensations or disease symptoms are the results of such a fight only. This fight is called ‘reaction’. Distortions which are produced out of this fight would be there in the mind and in the behaviour of sense organs. They are called symptoms. Because of that only, we come to know that vital force is fighting. These symptoms are the fore-runners, in the beginning, to understand the existence of a disease. In course of time, suffering would however indicate that there is a disease. But it will be late.

\[1\] *Materia peccans!*

It is the morbidly affected vital force alone that produces disease, so that the morbid phenomena perceptible to our senses express at the same time all the internal change, that is to say, the whole morbid derangement of the internal dynamis; in a word, they reveal the whole disease; consequently, also, the disappearance under treatment of all the morbid phenomena and of all the morbid phenomena.
Analysis of the above would reveal that it is foolish and unimaginable to think that there is something like disease other than the bodily constitution and the vital force. Disease is only a condition but not an entity. It is a state which produces certain symptoms/suffering. They can be observed by laymen also without any knowledge of the medicines. A well-trained physician can understand more clearly.

Explanation
Appetite, thirst, liking to eat etc., are the behaviour of sense organs. Enthusiasm, happiness, satisfaction, tolerance etc., are the activity of mind. When the mental activity is healthy it means there exist no distortions and the disease is cured. By this, it can be understood that disappearance of sugar in urine in a diabetic patient is not the proof of cure. Disease is taken as cured only when appetite is improved, liking to eat is better, thirst is reduced and the mind is now in order. Thereafter, it is certain that sugar in urine is also cured.

The proof of vital force regaining natural state is disappearance of the disagreeable sensations or symptoms. That means health is restored.

Explanation
Force of the sea and the waters in the sea are not different. Waves blow up with speed and appear like a hill. We observe the waves as different from the sea. Simply because of this seeming separateness, can we call there is something other than the sea? Wave is a temporary state of the sea, but...
not alien to it. Even then it has the element of speed and height different from the sea. If not taken care of, it tilts the person bathing in it and throws sand and water into the mouth, nose etc., and creates havoc. In the same manner, disease is a wave of the sea like life force (vital force) but not produced or recognised in a part of the body. If necessary care is not taken, it results in innumerable trouble.

Even the uneducated people can notice changes in the face of a diseased person. They will question “Are you not well, why are you like that”. Even if there are no sufferings, this change is always understandable.

§14

There is, in the interior of man, nothing morbid that is curable and no invisible morbid alteration that is curable which does not make itself known to the accurately observing physicians by means of morbid signs and symptoms – an arrangement in perfect conformity with the infinite goodness of the all-wise Preserver of human life.

Samuel Hahnemann, M.D.

Explanation

There can be no disease in man without itself being known through symptoms. Human constitution is so divine that there is no scope for any disease condition which cannot be perceived, observed, cured or to exist different from the man. Therefore, there can be no curable symptom without being experienced by him. It is not at all possible for an experienced doctor to escape sight of it.

If at all there is something curable, it is not possible that the patient does not know that. When the patient is able to say that he has no disease, it is something laughable if a doctor could say that there is a disease in him by doing pathological tests. Even healthy people pass sugar with urine at times. By testing such urine, doctor cannot judge him as a diseased person and start using medicines. So also, to decide any person as not suffering from any disease, as, in spite of the doctor’s certificate that there is no disease, the person suffers from lack of sleep, headache, backache, body pains, tantalising thoughts etc. Often we come across persons suffering from weakness etc. In fact they are not able to get down from bed. But the physician certifies that she has no disease and tells “everything is mental, be bold to be happy”. ‘So patient is the proof whether there is disease or not, but not the doctor or the pathological results of blood, sputum, urine etc. No disease is sure to exist unless it is felt by the person or observed by the healer. Anything that is decided by microscope or X-ray or any pathological information is not a proof. It is against the natural phenomena to say that disease exists different from the patient and it is not true.

If at all there is something to be cured, it spreads out certain symptoms of its own. Without symptoms if a disease exists, the human race would collapse of internal gangrene. Therefore, it is impossible in the creation of God, who is very kind, for any disease to exist without symptoms. Symptoms for a disease and cure for a symptom are inbuilt in nature. Therefore, treatment should depend upon the symptoms narrated by the patient and those observed by the healer from the behaviour of the person, but not purely on the pathological information. Naming the disease on such external information is a sin. Such a practice would only increase the industry of the physician and exhibit his technical knowledge, but cannot cure the patient. HEALING means removal of the suffering.

Therefore, if at all there is a disease, it must have symptoms and those symptoms only should disappear in the course of cure. The physician is expected to observe the symptoms very keenly and any alteration in the health condition very accurately, with no degree of assumption. Then only he can be called a true ‘physician or healer’.

(to be continued)
GOOD ASPECTS: The Moon sextile to Uranus and Jupiter; the Sun sextile to Mars; Venus trine to Jupiter.

BAD ASPECTS: Saturn opposition to Neptune; the Sun and Mercury square to Jupiter and Uranus.

This is the horoscope of a young man born on September 6, 1900, at 6:00 A.M., and the disability complained of is weakness in the back and limbs, which prevents him for moving about normally. Astrologically we find that this is due to several causes. In the first place, there are four Common signs on the angles, the Sixth House sign, Virgo, being on the Ascendant which governs the condition of the body. It is a vital point in that respect. This in itself shows his somewhat indolent nature and a tendency to give up very easily. We also find Mercury, the ruler of the Ascendant, in the Twelfth House, denoting hospitals and chronic illness; he is square to Jupiter and Uranus, which are placed in Sagittarius, the sign which governs the hips and the great sciatic nerve. The Sun, the giver of life, is also square to Uranus, the planet of irregularity, which is conjoined with Jupiter in Sagittarius. And finally, Saturn, the ruler of the bony structure and its articulations, is placed in Sagittarius in opposition to Neptune, in Gemini. All these configurations naturally tend to bring about the conditions complained of if nothing is done to prevent; but in this case, with four Common, flexible signs on the angles, with the life-giving Sun sextile to Mars, the planet of dynamic energy, and with the Moon sextile to Jupiter, the planet governing the arterial blood, it is quite possible to obtain relief by means of exercises which will remove the sluggish conditions.

But we also find other weaknesses of a serious nature latent in this horoscope. Uranus is in conjunction with nebulous star Antares in Sagittarius 8 degrees, square to the Sun and Mercury. This implies a grave danger to the sight and also to the hearing because of Mercury being in the Twelfth House. These conditions can certainly be overcome if the ounce of prevention is applied. We take it that because the man is not able to otherwise oc-
cupy himself he is an inveterate read-
er and this will bring trouble if per-
sisted in. Massage of the head in the
region of the eyes and ears, and exer-
cise of the limbs and body will aid in
restoring this young man to health. A
healer with Taurus on the Ascendant
whose Saturn is not in the patient’s
Sixth House will probably have the
most persistence in the performance
of his work.

Eye and ear trouble,
poor circulation

Horoscope No. 31

Mercury, the significator of mind, rises
before the Sun and is in the Twelfth
House, conjunction Neptune, its high-
er octave. This shows that the mind
is naturally inclined toward the high-
er and more spiritual things of life,
though Jupiter square Mercury from
the house of mind indicates that un-
der severe afflictions this woman
may at times follow the example of
Job and reason with God concern-
ing the hard fate she has to bear. The
Moon, which is the other significator
of mind, square Venus, shows us that
considerable sorrow may be expect-
ed in this life; but the conjunction of
Mercury with the mystical Neptune
in the Twelfth House gives her a cer-
tain degree of spiritual development,
which brings much comfort through
her communion with the higher
worlds, compensating her for her iso-
lation. Jupiter is the Midheaven trine
to the Ascendant causes her to look
upon life from a more hopeful angle
than even people who are not at all
afflicted (in comparison with her),
and the strength of her hope is bound
to help her in a degree beyond hu-
man measure; for even as the person
who gives way to worry
and melancholy is there-
by made more unhappy
or unhealthy, so also the
person who constantly
keeps an optimistic spirit
is bound to gain thereby
 correspondingly in health
and happiness. The Sun
on the Ascendant, even
though it is afflicted by a
square of Uranus, is nev-
ertheless a valuable as-
set in recuperation. The
Sun sextile Saturn will
give her a persistence, a
tenacity of life, that will
not let go despite all dis-
couragements.

This woman has been
deaf since she was five
years of age and this disability is in-
dicated by the position of Mercury in
the Twelfth House, by his conjunction
with Neptune, and his square to Ju-
piter. This latter aspect indicates that
it is sluggish circulation of the blood
which is responsible for the disability.

“Mercury” by Hendrick Goltzius, 1611,
Frans Hals Museum, Haarlem, the
Netherlands
These aspects of Mercury also make her dumb, particularly because Mercury is in Taurus, which governs the vocal organs. She has nevertheless learned to talk, showing that there is no organic disability but only a functional weakness.

But these are not all of the poor woman’s afflictions. You will notice that the Sun is in Taurus 29. In other words, it is in conjunction with the Pleiades, a nebular spot in the Zodiac. It is also square to Uranus and parallel to Mars. Therefore the eyes are sorely afflicted; one is almost blind, the other not much better, so that there is danger that she may lose her sight entirely.

On account of her afflictions and the position in which she has been placed, this woman has been unable to get an education. Nevertheless, by persistence indicated by Saturn sextile the Sun, she has accomplished much. She writes a really beautiful letter which tells how she was in comfortable circumstances up to 1906, when the earthquake in San Francisco deprived her of her all, and still she has not given up hope. Her mental attitude, inspired by her Sun conjunction Ascendant and sextile Saturn, is justified in quite a large measure. The trouble comes from Saturn, the planet of obstruction, in Aries, the sign which governs the head, and the square of Jupiter, the planet which governs arterial circulation, to Mercury in Taurus, the sign which governs the throat. There were also signs of malnutrition, indicated by the presence of Mars in Cancer, the sign which governs the stomach, square Venus, which governs the venous circulation. If the system could be given the proper amount and kind of food and the head and neck massaged with special attention to manipulations of the ears and eyes, conditions might be considerably relieved and further progress of deterioration stopped. An Aquarian whose Saturn is not in Libra or Scorpio would have a most beneficial effect in this case.

(to be continued)

Taken from the book:
Max Heindel and Augusta Foss Heindel
The Message of the Stars
An Esoteric Exposition of Natal and
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Part II - Chapters 28 to 30
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California, USA
“Laziness leads you to ill health. Relaxation leads you to health.”

Dr. K. Parvathi Kumar

Lime tree, Germany
Prana – Life force IX

Prayer:

Oh Prana! Salutations to You.
You are the Master of the Universe.
You are the Lord of all beings.
In You all is established.
You establish in all and sustain all.
You are the past, present and the future.

2. Udana Prana

Just like Vyana is related to Akasha principle, Udana is related to the principle of Vayu (air). Since air emerges from Akasha, the fifth element, Udana Prana emerges from Vyana Prana and exists in the region above and below the throat. All functions of the throat are related to Udana Prana. All foods and drinks are enjoyed through this Prana. It imparts strength to all other Pranas emerging from Vyana – thereby imparts strength to all parts of the body. It enables to swallow from without to within and throw out from within to without. It enables impres-
Patanjali). The communion of the thread of life and thread of consciousness form the basis for experiencing peace, poise and when the two move upward together into the cerebral system, very deep peaceful states are experienced. For this reason this Pranic pulsation is considered very important in the yogic practices. The Udana Prana when dominated by Sattva helps experiencing these blissful states. This is gained by certain specific, rhythmic practices of meditation. In the ordinary worldly persons this Prana is dormant and helps only the process of sleeping and the process of awakening. It is the bridge for advanced students of meditation to experience these blissful states.

It is interesting to note that it is togetherness of these two principles of human constitution namely, life and intelligence come together at the throat and throat is astrologically related to the symbol of Gemini. Life and light can be experienced together and move together upwards until they become one at the top of the head, which state is called the state of Soul or Self or Atma.

b. Rajasic Udana Prana: Since Udana Prana is the upward thrust it functions in the region of throat to stomach to assist man to belch, to cough, to yawn, to vomit – a process of upward impulse (reflex, thrust) to bring comfort to man. It also helps speaking, lecturing, and teaching.

c. Tamasic Udana Prana: It is this Prana that is preponderant in sleep and swooning. In such states the Pranic principle is in a slow and uniform motion and its motion is not significantly felt. All sensations are absent and hence mind is also absent. Mind is but a compendium of five senses with the related memory of experience.

(to be continued)
New Era Healing

Our Karmic Liabilities V

Inherited diseases and Karma
The study of inherited disease indicates a faint recognition of man's karmic liabilities and karmic tendencies. A mistake lies however in the belief that these tendencies are to be found in the germs of life and of substance, brought together at the moment of conception, and therefore that the father or the mother is responsible for the transmission. Such is not the case. The subject in incarnation has - from the angle of the soul - definitely and consciously chosen his parents for what they can contribute to his physical makeup whilst in incarnation. The vital body is therefore of such a nature that the man is predisposed to a particular type of infection or of disease; the physical body is of such a nature that its line of least resistance permits of the appearance and control of that which the vital body makes possible; the incarnating soul produces, in its creative work and in its vital vehicle, a particular constitution to which the parents chosen contribute a definite tendency. The man is therefore non-resistant to certain types of disease. This is determined by the karma of the man. It is well known to students of the esoteric sciences that the physical body is simply an automaton, responsive to and actuated by a subtler body of energies which are a true expression of the point in evolution. This point in evolution may be that of personality control, through one or other of its bodies, or of soul control. These are facts which the medical profession must grasp, and when it does a great step forward will have been made. Esoteric students are willing to recognize that the physical body is automatic in its response to emotional, mental or soul impression; so closely, however, is the etheric body interwoven with the physical vehicle that it is well nigh impossible to separate the two in consciousness; this will not be proven or possible until the science of etheric energy and the development of clairvoyant perception demonstrate the truth of what I say.

Medical science, through its study of the nervous system and its recognition of the power of thought over the physical body, is moving rapidly in a right direction. When it admits, in relation to the physical body, that "energy follows thought," and then begins to experiment with the concept of thought currents (as they are erroneously called) which are directed to certain areas of the etheric body - where the esotericist posits the existence of energy points or centers - much will then be discovered. Christian Science had a sound conception in its original basic concept of the mind as a permanently existent factor; its over-emphasis upon the mind, its idealistic presentation of human
nature, its expectancy of man’s capacity to demonstrate today and immediately as a fully manifested son of God (with no intermediate or necessary unfoldments), and its contradictory position of using the energy of the mind for mainly physical requirements have soundly negated its basic tenets. Otherwise Man might have been permanently deluded. Had Christian Science fulfilled the original intention of the group of initiates who sought to influence humanity through its agency, and had it developed the idea correctly that energy follows thought, medical science would have greatly benefited. Healers and healing groups work at a great disadvantage; but they can begin now to work, and their work is of a twofold nature:

1. They can, through the power of directed thought, pour energy into the center which is the determining factor in that area of the physical body where the trouble lies. If, for instance, the patient is suffering from such a difficulty as gastric ulcer, the stimulation of the solar plexus center may produce a cure, provided that the work done is purely mental and that the results expected are purely physical. Otherwise the emotional nature will share in the stimulation and real difficulty will arise.

2. They can stimulate a center higher than the one controlling a particular area and thus — by the intensification of the higher center — reduce the vitality of the lower. If, for instance, there is disease or trouble in connection with the organs of generation (as for instance disease of the prostate gland), then the throat center should receive attention. It is that center which must eventually be the recipient of the energy of the lower creative aspect or correspondence. This is called “the technique of the withdrawal of the fire”; by its means what you call over-stimulation in certain cases, or inflammation in others, can be stopped.

These two ways of using energy and thought control form the occult basis for the two fundamental methods used in directing energy in diseased areas. They produce, in the one case, an intensification of the life of the associated center, with a consequent definite effect upon the diseased area; or they lessen the inflow of force in the other case, and thus weaken the quality of the disease. It will be apparent, therefore, that much must be known of the effects of these two basic and different techniques before a healer dare work. Otherwise he might greatly increase the trouble in the diseased area and even succeed (which frequently happens) in killing the patient.

The best results will be gained through the cooperative work of the orthodox physician and the occult healer. There is another point which I would seek to emphasize. In all healing methods of an esoteric nature, it is essential that sound medical practices of an orthodox kind accompany the subtler modes of help. It is in the wise combination of the two approaches, and in the cooperative work of the orthodox physician and of the occult healer or healing group, that the soundest results will be produced. Students who attempt to heal will therefore need to realize two things:

“The best results will be gained through the cooperative work of the physician and the healer.”
the nature of the disease, as diagnosed by a good physician, and the center which controls the area of the disease. The safest plan for the average student of healing or for a healing group is to work in cooperation with some reputable doctor and in relation to the center which controls the diseased area. Initiates, in their healing work, deal with the higher correspondence of the controlling center, working always through the analogous emotional and mental centers. This is **neither possible nor permissible** to the ordinary healing group. The higher the centers considered, involved and dealt with, the more potent the results, and therefore the greater care required.

The whole process is one of either stimulating activity or of withdrawing energy, of making more active an allied center and thus abstracting attention from the center governing the diseased area or organ, or of balancing the energies flowing between two centers and thus producing an equitable and even interplay. The more the neophyte studies this subject of healing the more complex it will appear, until the time comes when he can work in collaboration with some physician who has the inner vision and can see the centers, or with patients who know within themselves their own destiny and can collaborate with some group which has sound occult knowledge, which can ascertain the patient's rays and which knows at least the nature of his disposition or his "indisposition," through consulting his natal chart.

(to be continued)


Compiled by Sabine Mrosek

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**Fig. next page:**

The Ladder of Divine Ascent is an important icon kept and exhibited at Saint Catherine’s Monastery, situated the base of Mount Sinai in Egypt. The gold background is typical of icons such as this, which was manufactured in the 12th century after a manuscript written by the 6th century monk John Climacus who based it on the biblical description of Jacob’s ladder. It depicts the ascent to Heaven by monks, some of which fall and are dragged away by black demons.
Generating a Birth Chart

A birth chart is a calculation that graphically illustrates the constellation of the heavenly bodies of our solar system at the time of birth in a particular place on Earth. Traditionally, this is done after the exact location has been calculated with help of the geographic coordinate system by use of ephemeredes. The latter are a voluminous set of tables, which have been in usage since the Renaissance, containing all planetary constellations at arbitrary times in every random place on the Earth. Several well-known astrologers have described different ways of calculating, whereas the most commonly used way today is the one by Placidus, an Italian scholar of the 17th century [1].

Today, this is made easier through the use of the Internet, where one can find a variety of software that generate a birth chart as soon as one provides date, time and place of birth (Fig. 6). Generally, the chart contains the following information:

- The positions of the planets in longitude and latitude
- The commonly used spherical illustration with the 12 signs of the zodiac, with their individual influencing factors
- The schematic illustration of the 12 houses, which is very important for the detailed interpretation of a horoscope
- A clearly arranged table of elements, where the parameters assigned to each element can easily be seen

Because the purpose of this is to illustrate the energetic distribution between the four elements and I purposely avoided employing individual information, it is sufficient to take a look at the last rubric to generate an individual energy-receptor-status. A total of 14 influential factors are recognized here (Tbl. 1). Next to the planets of our solar system, these are the sun, the (Earth’s) moon, the ascendant and the medium coeli (the signs rising at birth in the East and in the zenith respectively), the asteroid Chiron and the lunar nodes (a purely mathematical variable denoting the intersection of the moon’s orbit with the ecliptic, the perceived phase of the sun) [1].

A standardized division of the perceived solar phase in 12 zodiac signs...
of similar size during a one-year solar phase was established in the first millennium B.C. It was generally assumed that the assignment of individual zodiac signs to a particular element (form of energy) dates back to Claudius Ptolemy, who lived during the 2nd century A.D. Ptolemy assigned three signs to each of the four elements (Fig. 7). However, persons who have similar elements as zodiac signs can still vary significantly in their characteristics, because they are not only impacted by their sun signs but also by a mixture of all the previously mentioned influential factors. This means that, for example, not only persons of the three fire signs (Aries, Leo and Sagittarius) are clearly different from one another, but also all Aries-personalities differ among themselves. In order to make this quickly and easily visible in a birth chart, I have thought up the generating of a so-called birth-related energy-receptor-status (ERS).

Generating a Birth-Related Energy-Receptor-Status (ERS)

In order to do this, a birth chart is needed. For each of the 14 described influential factors, the relating zodiac sign is noted down. It is said that the influential factor sun stands in the sign of Aries. Because each zodiac sign is always clearly assigned to a single elemental energy, each form of energy can definitely be assigned to a particular influence. Therefore, according to their meaning, each of the 14 influential variables receives 1 to 5 points in a certain color, which corresponds with the energy of the respective zodiac sign.

Those zodiac signs of the sun and the ascendants, which contain the most important information for the basic structure of a person’s character, I have assigned 5 points each; the next important influential factor, the moon, I assigned 4 points; those planets that are closest to us – Mercury, Venus, and Mars – I assigned 3 points each; those further away – Jupiter, Saturn and Uranus – I gave 2 points; and the other influential factors I assigned 1 point. This way, I arrive at a total of 36 points (Tbl. 1). In order to avoid laborious searching, most birth charts list in a separate rubric which influential factor correlates with what element (Fig. 6).

Each one of the fields is divided into nine sub-fields in order to draw the 36 points into the familiar 4-field-scheme of the four elements. This way, we end up with 4x9=36 fields.

![Fig. 7: According to Ptolemy, each element has three zodiac signs.](image)

Table 1: The 14 influential factors in a birth chart according to Placidus and their respective points of assessment used for the compilation of an ERS.
Here, all 36 points are added in such a way that the red ones are in the upper right quadrant, the yellow ones in the upper left, the green ones in the lower right, and the blue ones in the lower left quadrant (Fig. 8 shows the ERS of the sample birth chart in Fig. 6). Should there be more points of one color than fields in the respective quadrant, they will be added to a quadrant that has less than 9 points available. Thus, one can recognize with one look which energy form predominates and outweighs others, which in turn tells which energy form is least present (Fig. 9a-d, 10a-f).

In order to be able to recognize the correlation between the energies and the three most important influential factors at a single glance, the point for the sun is marked with a square standing on an edge, the point for the ascendant is marked with a triangle, and the point for the moon is marked with a sickle wrapped around the dot (Tbl. 1; Fig. 8). If the sign for the sun lies within the area of the element with the most points, these persons appear to be especially typical for their zodiac signs. However, if elements other than the ones assigned to the sun sign prevail in the big picture, it is said that this person is not typical for their sun sign (Fig. 11).

On the surface, the combination of the energies of the sun sign and the ascendant determine the typical behavior of the patient, whereas the energy of the sun sign is the guide during the first half of one's life and the energy of the ascendant marks the second half. Should both fall into the same kind of energy, and even the moon is of a similar kind, this influences the quality of energy in a patient during their entire life in a special way.

It is, however, always the big picture of taking into account all influential factors in a birth chart that describes most pointedly the actual, individual appearance of our patient. As a result of the simplification to a 36-point-scheme, some assessment criteria, as for example the constellation of the planets to each other, remain unacknowledged. Because, in some cases, this can lead to an amplifying or mitigating of the energy distribution made visible through the ESR, a second look at the birth chart can prove worthwhile though. Information regarding interpretation can be taken from respective books [1].

The Meaning of the Shaped ERS

First of all, the varying distribution of the four different color points describes the ratio between the four kinds of energy, which generally drives this person, to one another. According to the ideas of TCM (Traditional Chinese Medicine), every kind of energy flows mainly in its assigned functional sphere (=pair of meridians) respectively; the water element flows in the functional sphere of Kidney-Bladder, the earth element flows in the Spleen-Pancreas-Stomach, the fire element flows in the Heart-Small Intestine and pericardium – triple burner and the air element, unifying metal and wood, flows in the Lung-Large Intestine and Liver-Gallbladder functional sphere respectively (Fig. 12).

Most visibly and easily, the ERS shows us the basic character structures of a person (how the person behaves...
without making an effort). However, to understand this part of the ERS, one has to know the principles that guide the interpretation of Luescher's regulatory psychology [2] (Fig. 4).

If single elements outweigh others, only the characteristic is shown which is assigned to the respective element. Hence, a person with a lot of water in their chart appears passive, quiet and content; a person with much fire appears very active and joyful, sometimes even aggressive. A lot of air lets one appear rather cheerful, non-committing and chaotic, while someone with a lot of earth appears serious, consequential and orderly (Fig. 9a–d).

Should two colors predominate at the same time, this can be explained with different behavior [2]. Air/fire is rather flexible toward the consistency of water/earth. Water/air makes receptive compared to fire/earth, which makes directive. The axis of fire/water is integrative, while the axis of air/earth separates (Fig. 10a–f).

If one or two colors are represented with one or no point, then this person exhibits a lasting lack of that particular elemental force; in a person's behaviors, this shows as restless (no water, phlegmatic (no fire), fearful (no air), and weak (no earth).

If a person’s birth chart shows a nearly or even completely balanced ratio between all four elements (Fig. 8), then we can assume an individual who stands in their energetic center because, on average, they are being moved by each element to the same extent. Accordingly, their behavior is balanced and very flexible. They will only be weakened and become ill as a result from tilts in their elemental balance, which can be either acquired on other regulatory planes or be due to external influential factors of various kinds.

However, an uneven distribution of certain energy asks for a consistent increased supply of that energy, which corresponds with the underrepresented elemental receptor. This can happen, for example, through mediation for water, ordering principles for earth, activities for fire, or distraction for air. Life partners with mirroring and polar dispositions can give each other stability as long as they cultivate a lively relationship. Also, private and professional situations can form an inter-individual balance; an airy constitution (Fig. 9c), for example, is balanced by an unsolved problem.

Intra-individual balance can be achieved when the individual balances their spiritual energetic imbalance with a mirror-inverted imbalance on other regulatory planes (e.g., cell metabolism, acid-base-household, hormones, vegetative nervous system, etc.).

Should these mechanisms of compensation fail to work or do not work anymore, this can lead to disturbances in the overall wellbeing or, later, to chronic diseases as described previously. According to my own observations, this takes place mainly within the functional spheres that are assigned to the respective superior or inferior elements. Which structures are affected in each individual case can be looked up in textbooks [3].

Because one cannot understand the formative mechanisms of diseases as they are caused energetically without
knowledge of the ERS, chronically ill patients are oftentimes treated without success. It is for that reason that, in my clinic, each Energy-Receptor-Status is noted on a file card, so that I can capture the spiritual-energetic constitution of the patient at one glance. However, other constitutional markings such as blood type [4] and sex [5], have to be included into the diagnostic process as well, for the patient can only be wholly understood in this context.

Although the spiritual-energetic constitution features only one of several regulatory levels within the framework of the holistic four-element-model, it is still of special significance as it forms an irrevocable basis for the energy distribution within all the other regulatory levels. If one, for example, treats primarily and solely the disturbance in an inferior regulatory level (e.g. over-acidification), then this will lead to no success when this disturbance constitutes the necessary compensation of a constitutional lack of one element (e.g. fire)! Here other measures must be taken in order to increase fire energy (for example through exercise, selenium, thyroxine, etc.) before the acid-base balance can normalize.

Illustrating Case History
A 49-year-old female patient comes to me, complaining about severe dizziness and unsteadiness. She subjectively assigns what she experiences to her right ear rather than her left ear. It appears to have happened for the first time a couple of weeks ago while she was on her way home from work. Traditional medical exams through several ENT doctors at a respective hospital have not shown any noteworthy abnormalities.

During anamnesis, the very lively and likeable woman tells me that she holds quite a responsible and stressful position in a corporation. Years ago, she came to the West from what was formerly known as the GDR and established a new existence here. In the meantime she is divorced from her husband of that time, but is now in a new, relatively casual relationship. For the most part, however, she is standing on her own two feet.

She suffered from bladder infections in the past; her last menstruation took place approximately two years ago.

During testing, I noticed that the woman’s two upper incisors had crowns. Upon inquiring, the woman reports that she has had recurring problems with those teeth since her teenage years. Without any related trauma, they formed infections, which were treated with antibiotika, root fillings and later root tip reten-tions. Right now, she experienced the same kind of pain she had years before. An x-ray showed a distinct focus of infection around the four upper incisors, in particular of tooth number 12. Although the connection between the infected tooth and the dizziness was explained to the woman (both are located in the kidney–bladder functional sphere), she rejected a current sanitation of the focus of infection indicating that her dentist had not noticed any abnormalities on the x-rays. Besides, she insisted, her insurance would not cover any of this, not even in part, and she herself did
not have any money to spare for a treatment.
A look at her ERS (Fig. 9a) shows a distinct lack of water element and a considerable preponderance of fire element. Hence, since her birth this patient has been subject to an imbalance, which was never quite compensated fully by the organism. During sexual maturity, the lack of water element could be compensated for by an increased estrogen production because estrogen complies with the water element on the hormonal level. However, when this was not possible anymore, the persistent “lack of water” found expression in problems in the dental area and later in dizziness; permanent stress and the absence of a relationship with a person “rich in water” only added to the problem.

A possible therapeutic regime in this case should strive to systematically restock the water element on different levels. A sufficient, natural hormone replacement therapy could also be considered as an emergency measure. Under this “protection”, other measures could be taken, such as for example relaxation techniques, de-stressing of work, finding stability and calmness in voluntary work, or a partnership for life. Only then can a surgical sanitation of the dental source of infection be carried out with success. A classic sanitation according to traditional patterns, without provision for the constitutional weakness in the water element, would certainly be only temporarily successful, and without a change in life style, it would be only a matter of time until a new problem would erupt in the kidney-bladder area.

Only a significant change in the existing life style – even up to a life style completely adjusted to her constitution – would lead to lasting stability in health and wellbeing for this patient.

References

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The Cybernetic Complex

Quantum Fundamentals and their Relationship with Sound

We are perfect cybernetic complexes (cybernetics in Greek means "thinking machine" or "machine of reasoning logically" or in other terms, an organized system that carries out in a precise and mathematical way a series of programmed and controlled activities in time and movements).

How Is A Cybernetic Complex Formed?
The ovule transports the central processing unit and the mold. The sperm cell transports the database and the programs with their tools. These contain all the necessary data so that all the different stages of the Vital Process can be carried out. The mental structures, the soul and transcendent consciousness integrate within 24 hours to seven days after birth. The master program has Philge-netic information. This information develops in the first three months of gestation. The embryo goes through the stage of a cell, then through the stage of a fish, amphibian, reptile, mammal, until it structures the human stage. In three months, it remembers the entire evolution of all the species. That's why it is important, in order to develop the Phige-netic memory of a new being, that the latter is stimulated by sound during the first three months of pregnancy, preferably sounds of dolphins and songs of birds. The ideal is to listen to the direct sound so that the neurons receive the vibratory frequencies to enter contact with the mineral, plant and animal kingdoms. Once it has gone through the whole evolution...
of the DNA and it has already formed the structure of a human body, the latter grows in volume and starts the ontogenetic knowledge (ontos = being, person).

The instructions of a master program are grouped and transported in a package, in a particle called computer. There are 9 known types of computers (they are 9 geometric forms) and they work in pairs in the control of growth and cellular replacement, in the program of cellular metabolism of the psycho-bio-immune generators (chakras).

Once the computer delivers its orders, it turns into an operator and all the operators work in the cellular microcircuit. These operators are polyhydric geometrical figures, regular and irregular, and their function in the cellular microcircuit is to arrange data, to connect circuits, to disperse frequencies, to codify data, to regulate the voltage to a unity of charge, to compile into a band of micro reducers in potency and to retro feed the psycho-bio-immune generators (chakras).

From the master program derives a computer, is the geometrical figure, receives the frequency of the chakra, each chakra with its color affects a geometrical figure and a charge of electromagnetic energy, and then it goes from the geometrical plane to the electromagnetic plane, which the ancients called the astral ether.

Ether is the holographic virtual plane, the geometrical map; the astrals are the electromagnetic fields and the physical, the molecular integrations. The computer as it receives the electromagnetic charge goes from being virtual to being an electromagnetic field and turns into an operator. The computer simply has an order but has not yet accomplished any function; the operator arrives then at the metabolic circuit and activates the synthesis of proteins, reduces the quantity of sugar, etc. It creates changes in the metabolic routes through electrochemistry (the viruses are operators with altered voltage and their charge is altered and their geometry deformed).

All the operators work in the cellular microcircuit (which is found in the gravitational field of the cell, in the gravitational equator).

---

**Energetic structure of the cell**

*As each new cell is formed, the electromagnetic – gravitational field, with the central axis, which polarizes the energy, arises.*

**Cellular microcircuit**

*The cellular microcircuit is the functional unit of the cellular complex. It works with the operators. Here, all the instructions are processed before they are executed at a biological level. In this process intervene: different organelles of the cytoplasm, structures of the endoplasmic reticulum, and some ions of the cellular membrane.*
The operator affects the first holographic plane or band of vibratory frequency, provokes electrical changes, and lastly chemical changes.

At present we can study in medicine up to three bands of frequency with seven fractal planes each, the virtual or holographic, the electromagnetic and the molecular:

The first band is the hologram and goes from the point of Planck $1 \times 10^{-40}$ (the geo metro dynamic waves proposed by the physicist John A. Wheeler, or what is the same, the morphogenetic fields of Rupert Sheldrake, are made of points of Planck up to the pattern). The seven planes of the first band of frequency move at the speed of the mind, faster than the speed of light (when we think we create geometry).

The second band goes from the quantum $1 \times 10^{-18}$ up to the atom (they are the electromagnetic waves measurable in nanometers).

The third band of frequency goes from the atom up to the physical body, from the $1 \times 10^{-10}$ to the $1 \times 10^{+12}$. Each plane vibrates with different frequencies and therefore with different colors and different musical notes.

In the following table we can see the correspondences:

The seven Holographic planes of the cybernetic complex and examples of anatomic structures of matter and energy representative of each holographic plane. (See table below)

Bio-electronic properties of the five polyhedrons (platonic solids), and of the sphere:

- Sphere: accumulator of voltage.
- Tetrahedron: generator of voltage
- Cube: compiler in band
- Octahedron: connector of circuits
- Icosahedron: codifier of data.

Consciousness is represented in the form of webs. They are geometrical lines (geometry belongs to math science). They are spacial relationships, and space is defined as a collection of geometrical points.

These webs or holograms are mathematics present in the human body. Max Planck managed to measure this energy for the first time in the beginning of the 1900. In 1926 he received

<table>
<thead>
<tr>
<th>Plane</th>
<th>Name</th>
<th>Metric unity of the Cube*</th>
<th>2nd energy band</th>
<th>3rd matter band</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Major Hologram</td>
<td>Decimeter -1</td>
<td>Unified field of force</td>
<td>Body</td>
</tr>
<tr>
<td>2</td>
<td>Minor Hologram</td>
<td>Milimeter -3</td>
<td>Local reticulum</td>
<td>Organ</td>
</tr>
<tr>
<td>3</td>
<td>Microhologram +</td>
<td>Micra -6</td>
<td>Intermediate transducers</td>
<td>Tissue</td>
</tr>
<tr>
<td>4</td>
<td>Microhologram -</td>
<td>Nanometer -9</td>
<td>Cellular Micrcircuit</td>
<td>Cell</td>
</tr>
<tr>
<td>5</td>
<td>Energetic Webs</td>
<td>Picometer -12</td>
<td>Molecular Factors</td>
<td>Molecule +</td>
</tr>
<tr>
<td>6</td>
<td>Conductancy</td>
<td>Fermi -15</td>
<td>Operators</td>
<td>Molecule -</td>
</tr>
<tr>
<td>7</td>
<td>Impedancy</td>
<td>Attometer -18</td>
<td>Quants, Quants, Quantum</td>
<td>Atom</td>
</tr>
</tbody>
</table>

*Arithmetical approximation to the international system of units
the Nobel Prize for this detail. By doing a mathematical exercise, we can see the formula of Planck:

\[ \text{Energy} = \frac{K \times \text{wave length}}{\text{Vibratory frequency}} = \text{Time} \]

\[ K = \text{ex 10 elevated to -23 = quotient of Planck. We will need 23 zeros toward the small to be able to measure the energy.} \]

Symmetry, along with geometry, played an important role in science, philosophy and Greek art, where it was identified with beauty, harmony and perfection. The Pythagoreans considered symmetrical numerical patterns as the essence of all things; it was believed that the atoms of the four elements had regular solid forms, and the majority of Greek astronomers thought that almost all celestial bodies moved in circles, because the circle was the geometrical figure with the highest degree of symmetry.

The discovery of symmetrical patterns in the world of the particles has brought many physicists to believe that these patterns reflect the fundamental laws of nature.

To explain the symmetries of the world of particles in terms of a dynamic model, a model that describes the interactions that take place between these particles, is one of the major challenges present physics are confronted with. The problem is how to keep in mind quantum theory and relativity theory simultaneously. Only a “quantum-relativist” theory of particles could explain the observed symmetries. The theory of the quantum field was the first model of this type, but it became unsatisfactory to de-

scribe, in a dynamic way, the great variety of models of hadrons (baryons and mesons) and the continuous transformations between one another.

The scheme for this description of the hadrons and their interactions is called “theory of the matrix – S” (matrix of dispersion), referring to the processes of collision or “dispersion” which constitute the immense majority of reactions to these particles. Their concept was proposed by Heisenberg in 1932.

The oriental mystics tell us once and again that all things and events we perceive are only creations of the mind that derive from a particular state of consciousness and dissolve once we transcend that state. Hinduism maintains that all surrounding forms and structures are created by the mind under the spell of maya and considers that our tendency to give them a deep meaning is a result of human illusion.

The theory of the matrix – S describes the world of subatomic particles like a dynamic web of events and highlights more the change and transformation than the structures or basic entities. Modern physicists as well as the oriental mystics have realized that all phenomena of this world of change and transformation are dynamically interrelated. Hinduism and Buddhism consider this relationship a cosmic law.

Compiled by Rosa Samarra
Yet another mysterious anomaly of water leads us to understand why its unusual geometry is so important for the "eternal" life of the cells: If you want to heat up water by 1 degree you need a certain amount of energy. However if you heat it from 36 to 37 degrees Celsius you have to add much more energy than usual. Therefore this temperature forms a sort of energy barrier; a second one is only 1.5 degrees higher. At 37.5 degrees water has the highest flexibility for the reformation of its molecule geometry according to the theoretic model of the well-known biophysicist Karl S. Trincher. Exactly within this temperature range, between 36 and 37.5 degrees, resides the normal body temperature of humans and of many other warm blooded creatures (between 36 and 42 degrees Celsius). This means that cell water with this temperature can respond most flexibly to the energy supply through "geometry" or use the stored energy in the geometry for metabolic processes. Where does the energy, which can cause this restructuring in the human body, come from?

Dr. Patrick Flanagan believes to have solved this mystery. The American researcher, who at the age of 17 was counted among the 10 best scientists of the United States, who at the age of 19 already worked in the Gemini Space Programme of the NASA and who at 23 years of age worked with dolphins at a military communication programme, has invented over 300 technical discoveries to this day. For over 20 years, he has been trying to discover the secrets of water. Formerly Dr. Henri Coanda, the father of fluid dynamics, asked him to continue his life's work, namely the research of the legendary life-prolonging effects of the glacier water in the valley of the Hunzas in the Himalayas. With his wife Gael Crystal, an internationally known lecturer for nutrition, he discovered the energizing effect of certain micro particles of this water in their private institute in Sedona, Arizona.

Recently, Flanagan succeeded with a special 33-phase method (see box, page 45) to further increase the "Hunza-Water-Effect." The results are special drops, called "Crystal Energy – Flanagan Microcluster," which can be added to every beverage. They are supposed to transform purified water low in minerals into a true spring of life with detoxifying, activates and harmonizing effects on the health. The cause for this effect is found in the "sacred geometry": In a similar fashion the human body also needs form building germs for the formation of its differently structured liquids such as blood and cerebrospinal fluid, up to the cell and lymphatic liquid as ions serve as centres of crys-
The pentacle in water

Recent research at the chemical institute of the University of California in Berkeley, USA, show astounding parallels between the latest physical findings about the structure of water and ancient esoteric knowledge about platonic bodies and sacred geometry. With the help of a Wide-Infrared Laser, a group of six researchers (Cruzan, Braly, Liu, Brown, Loeser, Saykally) has discovered by spectroscopic investigations that three, four or five water molecules do not form any spatial forms. In most cases, however, they form surprisingly even regular planes. In water over 25 degrees, there are pentagonal planes (formed by five molecules) prevalent. Whenever twelve of these pentagons join, the regular body of a dodecahedron appears. Even more: As scientists have also discovered even much more planes can join, forming big "balls" – "bucky balls" –, for example 32. Thus superior and more stable structures are formed. Now there are firmly integrated and free movable charge carriers between the five molecules that form a plane. Thus an electric flow is possible (similar to a semiconductor as know from electronics). The Californian water researchers found out that these free moving charges regularly change with the firmly integrated ones; however they change their position constantly. They jump to and fro and a seeming rotation relative to the vibration emerges. This is measurable and shows a higher resonance ("tunnel effect") at certain frequencies than at other frequencies. At the same time these resonances are considered as a tentative explanation for the effect of electromagnetic waves on the human being and his body fluids.

The following comparison with the sacred geometry is surprising: The pentacle (Five Star) connects the five corner points of a pentagon with a straight line, whereby the line leaps over the following corner. It is assumed that exactly the same figure can be formed in the five cornered water structure through the “rotating” movement of the charge carriers as described before. If four water molecules join in a plane another figure should appear. The changing charges swing into a lemniscate form similar to an hour. So far this is speculation. The scientific prove is missing that and also under which condition the "water energy" is rotating this way. The parallels however are surprising because the pentacle and the lemniscate are looked upon as symbolic "mediators" between cosmic energies and the material world. At the same time the pentacle as a symbol for the human being is a symbol for the connection between microcosmos and macrocosmos, between earth and divine spheres. According to the hermetic law “As above, so below” the rotating charges between the water molecules ordered in planes seem to direct electromagnetic ("subtle") forces into matter (water).
The Sacred Order

The secret of the Hunza Water

For more than 20 years Dr. Patrick Flanagan has researched the legendary Hunza Water. In it he discovered electric highly charged colloids protected from early discharge by fatty acids (natural charge carriers, which have important functions in the metabolism). Further research brought him to a special method for the production of such colloids. Today this “Crystal Energy” of the Hunza Water can be used in drops to vitalize water low in minerals. The Flanagan colloids are produced by a 33-stage whirling method. First Dr. Flanagan produces electrochemical reactions by mixing special mineral solutions where micro colloids are formed. The solution is accelerated with a specially constructed “tangential whirling amplifier” by keeping certain temperatures. In the centre of this turbulence a high negative electric charge emerges which also charges the colloids. In addition this charge is increased through a special outer electric field. Then the colloids are enclosed by organic fatty acids and thus protected from discharge. If you put a few drops of this liquid into a glass of water the surface tension is immediately reduced and a higher geometric structuring of water follows. The most suitable water for this is poor in minerals or even steam-distilled water. If you drink one and a half litres of this water per day the body should be detoxified with a lasting effect.
charge of 40 millivolts. The so-called Zeta-potential of the colloids provides transport of all kinds in metabolism. Thanks to their high charge they attract the nutrients and bring them to the cells or they arrange for “house cleaning” by attracting the metabolic residues and transport them through the body fluids. Thus they make sure that the cells receive more energy and that the body becomes more vital. At least equally important is a further function: By electric repulsion the colloids effect that the components of the body fluids do not “stick together”. Individual naturopathic doctors and biologists suppose that for example the reduced flow ability of the blood (to be seen in the dark field microscopy as clumping of red blood cells, the so called “rouleau formation” and amongst others a reason for high blood pressure) stems from a low Zeta charge. The influence of the negatively charged colloids on the blood consistency could go much further still: The vital mobility of the primal components of life, of microscopic protein granules*, is namely based on such electric negative repulsion.

Here researchers see a seemingly direct connection with the much smaller colloids. The Nobel Prize winner in physics, Wolfgang Pauli, sees the colloids as the perhaps most important link between the organic and inorganic world. For the pioneer of colloid chemistry, Thomas Riddick, the central significance of the colloid charges, the Zeta potentials, is simply “a basic law of nature. The Zeta potential has a decisive role in life. It is the force that controls the many billion cells.” It is very important that the colloid charges are not destroyed prematurely. This could happen through imbalance of the mineral household (wrong nutrition), hormonal disturbances, toxins, electromagnetic waves or through free radicals. It is equally spectacular to discover a further function of the colloids in the body: Biophotone researcher Dr. Fritz-Albert Popp found out that the water geometry structured by colloids plays an important role in cell communication. Only in such an ordered water structure the cells can convey with the help of ordered light, namely the ultra violet laser rays, information of the DNA-molecules. The so called “water fibre” experiment shows clearly what great effect the minute inner electric forces of water and its minute colloids can unfold – prove of the exist-
ter investigated this way is most interesting: According to Schauberger the energy level fluctuates during the course of the day and should have the lowest effect at 4 p.m. and the highest effect at 10 p.m. Again this may indicate a possible influence of cosmic constellations – in this case probably the influence of the position of the sun.

Dr. Flanagan could prove the close interaction between electric charges, geometric structures in water and a further unresolved influence of cosmic factors. At the request of the private German researcher Oswald Bartel, who co-developed a new instrument for the so-called “pressure-push-ionisation,” he examined the vibrational resonances of distilled water that had been ionized with this new procedure (“refilled” and “geometrized” with charge carriers). It showed several electromagnetic resonances with a focal point in the area between 7 and 10 Hertz. There are the so-called Schuhmann Waves of the earth as well as the area of the human brain waves (Alpha – and Theta waves).

The mysterious characteristics of the source of life seem to emerge only in a complex interaction between the “charging” of the water (respectively the colloids contained therein), the connected (electromagnetic and cosmic) resonance phenomena and the forming of complex geometric forms in the water structure (such as octahedron or dodecahedron and spiral clusters). This way water is characterized as universal solvent, reservoir and means of transport not only in the human organism but also on
the entire earth. It fills the space of the deepest depth of the rocks up to the upper atmosphere. It is memory, source and receiver of "information" up to the finest cosmic "vibrations" of the planets.

Thus the keeping clean of our waters and the restoration of naturally whirling river beds becomes even more significant – above all if you call into awareness a most astounding fact: Water is the only naturally appearing liquid on the surface of our earth (there is no other where water is not contained as a solvent). Generally it can be equalized with the liquid medium underlining its role as a "mediator" between the solid and gaseous (and subtle). The intensive research of water leads to the depth of esoteric knowledge and it still has not revealed all of its secrets. If in the beginning of this series of articles our body was compared to a big "water puddle," now you can even compare it more significantly: The human being is a constantly reforming, vibrating liquid crystal.

*The medium to be ionized within a capsule is subject to lightly increased pressure of alternating higher and lower tension in the process of "pressure-push-ionization." Thus for example oxygen can be ionized without forming ozone. For medical-therapeutic purposes it is the most exact single method for water "energizing." Medical professionals report of astounding lasting detoxifications.

For further information please see http://www.horusmedia.de/1996-wasser3/wasser3.php or contact the author.

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Studies of water passing obstacles and falling (1508 - 1509).
Leonardo da Vinci.
The Homeopathic Treatment of Lyme Disease IV

Peter Alex, Dr. med. vet.
Coauthor Dr. Frans Vermeulen

Homeopathic Principles in the Treatment of Lyme Disease

The treatment of patients with Lyme disease is generally no different from the homeopathic treatment of other chronic conditions. As always in homeopathy, the law of similars is fundamental.

The homeopathic treatment of chronic diseases requires a thorough going training over many years, preferably in a teaching institution that subscribes to the highest possible Standards. Lay practitioners or therapists who lack homeopathic qualifications are advised against attempting self-treatment with potentized remedies bought over the counter. Under some circumstances harm may ensue. Also, precious time is lost which could be better used in proper homeopathic therapy.

Actually it depends upon the therapist's capabilities and experiences, just how fast and how completely a cure comes about. Generally, with regards to the skin and joint forms a cure may be regarded as rapid and long lasting. Concerning the neurological form, as with all such disturbances, the prognosis depends on how much tissue degeneration has taken place in the central nervous system. If there is irreparable damage, then homeopathic treatment can only palliate. Till now we have had no experience with debilitated cases such as these.

Some homeopaths are of the opinion that it is not worth their while to concern themselves with the Lyme phenomenon, since the entire focus of homeopathic treatment should be upon the single individual, whose characteristic and peculiar signs and Symptoms alone are of interest. Arrayed against this view is the fact that in Germany, given present trends, there will be in a few years more than one million persons infected with *borrelia*, many of whom will suffer incapacitating afflictions. We see ourselves confronted with the prospect of a creeping yet almost unopposable spread of this infection. As with Hahnemann in 1830, who at the approach of cholera armed himself for the fight with preventative means, so should we homeopaths of today arm ourselves in the fight against this modern plague. We should examine our books for suitable remedies, or explore new ones that appear promising, such that in every instance we can cure in a rapid, gentle, safe and permanent fashion.

For the moment it would seem a good idea to look for general similarities between the Lyme phenomenon and the healing remedies that are already known to us. In his article on *Ledum*, Bill Gray points to the remarkable fact that *Ledum* is not only our principal remedy for insect stings and animal bites, but it is also a specific for cer-
tain kinds of arthritis. Eventually the entire rubric GENERALS, wounds, bites will have to be reviewed for remedies that apply to Lyme disease. This approach will at any rate point us towards an effective treatment, as long as we don’t encounter indications during the homeopathic case-taking that the immune System is seriously undermined, making it an easy prey to bouts of infection.

The point can be taken further in connection with insects or Spiders. Insofar as these play a role as *borrelia* vectors, they may be considered among the remedies one chooses. In one case of neuroborreliosis, I witnessed *Theridion* (a spider remedy) effect a progressive improvement over a period of some months. There are synergistic factors involved in homeopathic treatment. On the other hand, there are other potentially health-compromising circumstances that are best avoided.

The Miasmatic Aspect

We know from Hahnemann that chronic cases must be treated miasmatically if they are not to relapse time and again. Also, as homeopaths we can’t rest satisfied merely in eliminating the effects of disease. We want to know as much as possible about the background situation, in order to “keep harmful diseases away from healthy people,” as Hahnemann directed.

In past decades no epidemic has acquired quite the mass character as has Lyme disease, not even AIDS. With AIDS, the at-risk groups, predisposing factors and protective measures are well known. But with Lyme disease, who actually belongs to the at-risk group? Or better, who does not belong? More intriguing yet is the question as to whether prevention is even possible. Considering that 30% of all ticks are infected and that a rapid increase in tick bites has been reported, in Germany some authorities estimate that one-quarter million people become infected with *borrelia* every year. Fortunately, most of those infected don’t become sick.

Since Hahnemann’s time homeopaths have been successful in counteracting endemic diseases with the so-called *genus epidemicus*. But can there even be such a thing in the case of Lyme disease, with its bewildering profusion of symptoms?

In surveying the field for possible remedies, it became clear that many practitioners used the Lyme nosode for prevention and therapy. (Out of ignorance, I myself had previously recommended it for prevention.) But after publishing on the subject of Lyme disease, I received hundred of phone calls and emails reporting frustration and inefficacy in treating the disease with its nosode. For this reason I advise against using it, until it is rigorously proven.

In his preceding discussion, Frans Vermeulen described the family relationship of *Borrelia* to the treponemes which accompany syphilis. This provides a profitable direction for inquiry. For some time there have been reports of Lyme-infected mothers, who pass on to their unborn child certain deformities which resemble those caused by syphilis. This fact alone demonstrates the close similarity between not only the bacteria, but also
Lyme Disease

the diseases themselves. Lyme and syphilis also share in common the fact that they can present in three consecutive stages with long latency periods in between.

In Hahnemannian homeopathy, Mercury is the principal remedy for the syphilitic miasm. Consequently homoeopaths have tried giving Mercury to tick-stricken patients as a therapeutic agent in the chronic form of Lyme disease. Nevertheless, there are significant differences between Lyme disease and syphilis as regards their path of transmission and susceptibility to antibiotics.

These observations recall the attempt made by Harris Coulter, in a book published some twenty years ago, to establish a link between AIDS and Syphilis. But for all these similarities and connections, as homeopaths we face the problem that while Mercury may indeed represent the specific in the treatment of syphilitic patients, producing complete cures in many cases, when it comes to AIDS or HIV-infection it almost always fails. In the homeopathic sense there is not sufficient similarity, and thus the search continues for remedies that are more appropriate.

It seems likely that for a remedy to be curative for Lyme disease it should have an anti-syphilitic aspect. This is what prompted the suspicion that Aurum arsenicosum could be employed as a specific for the Lyme miasm. Although there was no actual proving, it is known that during the 19th century Aurum arsenicosum was taken into the homeopathic armamentarium as a treatment for Syphilis. If our suspicion is correct that this remedy addresses itself to a syphilis-like miasma, then everyone who is treated at the outset with an individualized remedy, and who thereby becomes symptom-free, should receive either Mercurius or Aurum arsenicosum as a concluding remedy. Otherwise the danger remains that the disease will merely go latent, only to re-emerge years later. I myself experienced this in one case which became symptom-free after treatment with Lachesis, yet the complaints (in this case arthritic) nevertheless re-appeared after one or two years. After a dose of Aurum arsenicosum they disappeared for good. A conclusive efficacy claim cannot be made, however, without some further years of observation.

The End

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The Primal Healing Power of the Pine III

A Secret Hidden in Nature

G.A. Ulmer

The Cosmic Link
Pine needles do not only have a healing effect through their essential oils, but also their large needles are superior a storage for bioelectricity. In this way they can actively strengthen the physiological energy. Because of their juice flow, they are electrical conductors.

Life is not possible without a relation and a resonance of all beings among each other and with the entire environment. The light coming from the sun which enables metabolism processes in plants and trees shows us that we are all part of a cosmic link between all living beings.

Long before there was any life, the cosmos was already permeated with energetic fields. Life developed along with these fields and depends on them.

The magnetic field of the Earth enables life on our planet in the first place. The Earth’s magnetism is omnipresent, permeates all substances and brings vital forces into the organisms to generate a regulating effect within. All life systems are embedded in this bio-energetic field, which is absolutely necessary to maintain good health. The magnetic field of the Earth forms a protective shield without which life in the present form would hardly be possible on earth.

Plants establish a magnetic field as they are electric conductors. The tremendous quantity of vegetable conductors – notably forests and plankton fields in the oceans – generates the decisive intensity of the electric currents, which are indispensable for the magnetic field on earth.

When, however, these herbal conductors are destroyed, the magnetic field of the Earth is destroyed in a time lag and exposes the biosphere to a strong radiation from the cosmos.

According to the scholars Kawai, Rikitake and Nakagawa, the natural radiation of the Earth has decreased by 50 percent in the past 500 years. This also affects people’s health. Therefore, every tree is important.

When we examine the effect of a weak magnetic field on living beings, we realize that the latter cannot exist without magnetic fields, without they are damaged. Magnetic and electromagnetic fields supply energy and can transmit information.

Bees also produce periodic electromagnetic fields through the rhythmic movements of their small bodies, which have a surface tension with the help of which they communicate during their tail-wagging dance.

Our body provides subtle internal steering systems that are able to work with a tiny quantity of electromagnetic energy only. Even our red blood cells are magnetized.

A high surface tension in the blood serum is very important. When the ten-
sion decreases, the surface potentials with negative polarity collapse and the cells shrink. When the blood cells lose their magnetic qualities, their natural structure is destroyed and adapts an electric characteristic. This can lead to clotting, thrombosis and infarcts.

According to Fred Hageneder, the bioelectric fields of trees react sensitive to the change between light and darkness, the seasons, the moon phases, the cycle of the sunspot activity, air electricity and variations in the magnetic field of the Earth. Trees in particular continuously reduce the electric air tension between the Earth and ionospheres (which can be clearly seen in their function as a lightning protector.) According to a physical law, every conductor produces an electro-magnetic field when electricity flows through.

Another physical law states that electromagnetic fields strengthen each other when they run parallel and when electricity flows in the same direction. This holds also true for trees, and there are hundreds of millions of trees, which generate and maintain the magnetic field of the Earth, the protective shield that prevents all life on Earth from harmful cosmic radiation.

Subtle and Informative Vibration

Everything in nature reveals itself through vibration and radiation. The Noble Prize laureate Max Planck explained it as follows: “Actually, matter does not exist, as everything is made of radiation.”

Einstein, too, arrived at the conclusion that, “What we perceive with our senses as matter is in fact a high concentration of energy in a relative and tiny space.”

Just like we humans, trees are also included in these vibrations; every tree has its own characteristic field of force and vibration. Obviously, the effect of essential oils is due to subtle structures.

Through the nose we can absorb vibrations and odor, which do not only influence our brain but also our lungs and blood circulation.

All human beings are embedded in a vibrating world and – like an instrument – we dispense and assimilate vibrations. Sensitive persons respond to subtle energy waves in a similar way as animals. They are able to receive and decode certain information.

Positive resonances have a harmonizing effect on the rhythm of the human body and mind. Joy and comfort can be created in order to energize. On the subtle plane, every species of trees dispenses its resonance in various frequencies, which radiate into the surrounding.

Every tree as such is a perfect symbol for life. With a trunk rooted in the ground and a crown reaching for the sky, it reveals the secret of creation.

A careful observation of the tree, from the gentle germ bud to the centuries-old senior with its widely protruding crown, as well as the entire forest with its biogenesis, gives an impression of this awe-inspiring miracle of nature.

A person’s life is too short for a distribution of cosmic energy, whereas the long-living tree is able to provide a harmonic distribution to all living beings. Trees have always been the “givers,” since the beginning of their ex-
existence approximately 300 million of
eyears ago.”

Native Americans know about the significant-
ice of the flora – especially of the trees – for “Mother Nature.” Ceremonies of gratitude and rever-
ence are held to enable a life in har-
mony with them: “ceremony of the
blooming tree.”

Native American children are edu-
cated in this way from an early age on. Everyone betakes to “his/her” tree from which he/she feels attracted as every human corresponds to a cer-
tain tree depending on his/her nature. This connection can change during the course of one’s life. With the left hand, which is the receiving, hand the tree is touched in order to perceive the “vibration” of the tree, its struc-
ture, shape, bark, the wood, branch-
ing, shape of leaves and blossoms.

This meditative connection has the potential to heal a sick tree, or at least it can achieve that the sickness, the yellowing of the needles, the de-
creasing vitality of the leaves stops spreading. Native Indians believe that the death of trees may not be stopped by technical means but solely by a positive inner attitude.

Protecting the environment begins with a change in thinking. The Earth does not belong to us – we belong to
the Earth. May we achieve the aware-
ness that there is only one earth and that we form a community of fate with all fellow creatures. We should seek to act according to the rhythm of nature, as we are its children so that out planet may survive with all its beauty and wise order.

According to the Celtic tree calendar, the days of the pine-born are from 24
August to 2 September and from 19
to 28 February. The squandering of
daylight comes to an end, every year at the end of August. Then the pine-
born rekindle the light of reason and, in early spring, the light of hope. This

should be a stimulus for all persons in
regard to information on pines.

As we already know pines are the old-
est residents on Earth and are able to adapt to the most difficult conditions. Of all woods, pinewood has the high-
est contents of resins and therefore it is the most effective one. It offers a good protection against insects and fungus.

With nearly 2 millions of genes, the genetic information of the pine is also excellent. In comparison the poplar, for example, shows only 40 thousand genes. The genetic information of pine is approximately 50 times more extensive.

According to tests conducted by the Industrie- und Umweltlaboratorium Vorpommern GmbH (Laboratory of Industry and Environment Vorpom-
mern Ltd./Germany) the examined pine heartwood showed approxi-
mately 50 % of turpentine, whereby the turpentine-isomeres comprised the main part, followed by Borneol and alpha pines. Tannins and carbo-
hydrates were also found.

Tannins belong to the group of phe-
nols, which play an important role among the therapeutically effective components of healing plants. They are astringent, anti-inflammatory, anti-bacterial, antiviral and they neutralize toxins.

Because of their astringent effect they eliminate the breeding ground for bacteria living on skin and mu-
cosa. Pain and wound secretion is reduced, and inflammations are hin-
dered. Bacteria and toxins cannot en-
ter into a deeper layer.

Tannins protect plants from potential phyto-pathologic micro organisms and their extra cellular enzymes. Their affinity and reactivity toward proteins and metal-ions is very high.

The most important purpose of phe-
nols (secondary organic substances) for health lies in their value as high-
ly effective antioxidants. They pre-
vent harmful oxygen reactions, which means that they stop the formation of the so-called free radicals in the body’s cells. These kinds of reactions with radicals are held responsible for cancer and cardiovascular diseases. Therefore, terpenes play an important role in cancer prevention.

As mentioned previously, pine resins in the heartwood show a very high
content of flavonoids. Especially viruses, being much smaller than bacteria, disguise in a layer of proteins in order to enter the human body. The cell can only precipitate this protein layer through prostaglandins (hormones in the tissues) the forming of which is encouraged by flavonoids. Also tannins which are water-soluble phenols are able to precipitate proteins.

The special ingredients, which are proven to be consistent against bacteria and germs, and also have an anti-itching effect, is dissolved in KiefernGold (pine gold) which is very well-tolerated by the skin due of its nearly natural pH-value.

Being a pure, natural product it can be used for oral hygiene and as a gargle solution. It may help in case of gum bleeding and inflammation of the gums and in general promotes a healthy oral flora.

Summary
The pine is known as a symbol for a long life as it braves all attacks, shows persistency in all situations and overcomes all extremes. It is perennial and unpretentious, and tolerable regarding its surrounding. Most notably it is adaptive to the given regional conditions. Therefore the pine is a symbol for contentment, humbleness and adaptability.

In his book The Spirit of Trees, Fred Hadeneder offers an ode to the pine:

Stand tall in the heat of the day,
Stand tall in cold night,
Stand tall in a soil that carries no water,
Stand tall on clanking rocks,
Stand tall in lonely moor,

Stand tall in the four winds,
That carry your seeds,
And go wherever earth calls you.

The pine has a close relationship to the human soul. It can help liberate us from small-minded and narrow thinking in order to receive new perspectives for a positive way of life.

Particularly the pine as the tree with the highest contents of resins holds an unforeseen treasure in its heartwood preventing us from virus, parasites and fungus in the same way as pine trees have survived during the course of thousands of years.

The information given about the pine is very powerful. It is not even known in its entirety. What has been found in many studies, especially through the research of the biologist Annett Schönwälder and employees of the Biological Federal Office in Braunschweig/Germany, is only the beginning of a new understanding on herbal defences and anti-viral, anti-microbial and anti-bacterial substances which may be a significant help for our health prevention.

Extracts of pinewood have clearly improved the healing of skin diseases, wound healing and respiratory problems in a natural way.

Once again the idea arises that the tree of life brings healing and liberation. In particular the pine with its evergreen existence and its richness in heartwood and healing substances is a true symbol for the eternal force of life.

In closing, a statement by Nicolas Roerich:

The knowledgeable seeks,
The wise finds;
Who has found is surprised
About the effortlessness of control.
The Master sings a song of joy:
Rejoice! Rejoice! Rejoice!"